"Nothing, not even the best and noblest, can go on as it now is. Nothing, not even what is lowest and most bestial, will not be raised again if it submits to death. It is sown a natural body, it is raised a spiritual body. Flesh and blood cannot come to the Mountains. Not because they are too rank, but because they are too weak. What is a Lizard compared with a stallion? Lust is a poor, weak, whimpering, whispering thing compared with that richness and energy of desire which will arise when lust has been killed."

"Both good and evil, when they are full grown, become retrospective. Not only this valley but all their earthly past will have been Heaven to those who are saved. Not only the twilight in that town, but all their life on earth too, will then be seen by the damned to have been Hell. That is what mortals misunderstand. They say of some temporal suffering, "No future bliss can make up for it," not knowing that Heaven, once attained, will work backwards and turn even that agony into a glory. And of some sinful pleasure they say "Let me but have this and I’ll take the consequences": little dreaming how damnation will spread back and back into their past and contaminate the pleasure of the sin. Both processes begin even before death. The good man’s past begins to change so that his forgiven sins and remembered sorrows take on the quality of Heaven: the bad man’s past already conforms to his badness and is filled only with dreariness. And that is why, at the end of all things, when the sun rises here and the twilight turns to blackness down there, the Blessed will say "We have never lived anywhere except in Heaven", and the Lost, "We were always in Hell." And both will speak truly.‘’ Is that not very hard, Sir?’

‘I mean, that is the real sense of what they will say. In the actual language of the Lost, the words will be different, no doubt. One
will say he has always served his country right or wrong; and another that he has sacrificed everything to his Art; and some that they’ve never been taken in, and some that, thank God, they’ve always looked after Number One, and nearly all, that, at least they’ve been true to themselves. “And the Saved?”

‘Ah, the Saved...what happens to them is best described as the opposite of a mirage. What seemed, when they entered it, to be the vale of misery turns out, when they look back, to have been a well; and where present experience saw only salt deserts memory truthfully records that the pools were full of water.’

‘Then those people are right who say that Heaven and Hell are only states of mind?’ Hush,’ said he sternly. ‘Do not blaspheme. Hell is a state of mind - ye never said a truer word. And every state of mind, left to itself, every shutting up of the creature within the dungeon of his own mind - is, in the end, Hell. But Heaven is not a state of mind. Heaven is reality itself. All that is fully real is Heavenly. For all that can be shaken will be shaken and only the unshakeable remains.”